

TAKE THE CHALLENGE

# “PULL THE PIN”™

## War Machine® Suspended Pulley Trainer

Eight years of development in the pursuit of a higher level of training for the military, elite athletes and trainers, the War Machine is now available to the public. The discovery and implementation of rotational movement that the War Machine creates is a true breakthrough in bodyweight training and provides the user with versatility never seen before in the fitness industry.



### PULL THE PIN™

#### ACTIVATES THE PULLEY ROTATION

Allows exercises to be performed with the added benefit of rotational movement.



YOU'VE GOT THE DRIVE...  
**IRONCOMPANY.COM**  
WE'VE GOT THE EQUIPMENT

LIFE'S A BATTLE...PREPARE FOR WAR!®