



XE895 Elliptical Trainer



XE895 Adjustable Stride Elliptical

The Spirit Fitness XE895 was designed with comfort, durability, and value in mind. The electronically adjustable stride length (18"-24" in .5" increments) and narrow pedal spacing ensure an ideal stride motion, while the oversized/cushioned foot pedals and multi-position hand grips ensure maximum comfort for users of all sizes and fitness levels.

The XE895 features premium components including large sealed roller bearings used with the pedal arms and handlebars, dual roller wheels, and aluminum tracks to assure a smooth and reliable workout.

Additional features:

- Dual track and concave roller wheel system for added stability and durability
- 20 levels of resistance to help customize your workout
- Bright blue backlit LCD with essential feedback and data
- The multi-position hand grips, with remote resistance and stride controls, allow for a custom and comfortable total-body workout
- Foot pedals feature a 2-degree inversion angle, a narrow pedal spacing (Q-Factor), and cushioned surface



Adjustable Stride Length

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User interface is key to a great experience with any product. From the soft ergonomically contoured handlebars to the conveniently located accessory tray, we focused on making everything comfortable and easy to use. Additional features include integrated speakers for your MP3 player, allowing you to listen to music without the need for headphones, and a body cooling fan that swivels to direct the breeze where you want it for a long and comfortable workout.

The XE895's large console includes a bright blue back-lit display for easy-to-read workout data and features a workout profile, lap track, and scrolling message center to keep you informed. Also included is a heart rate % profile bar to keep you efficiently working out in your target training zone and the muscle activation figure which lets you know which muscle groups are minimally and maximally activated during your workout.

Equipment Specifications

CONSOLE	7.5" Blue Backlit LCD with muscle profile display, target heart rate display, swivel fan, and intergrated speakers
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, 2 HR, 2 User
HEART RATE	Contact and Telemetric (Heart rate strap not included)
RESISTANCE	20 Levels
STRIDE	18"-24" in .5" increments
FLYWHEEL SYSTEM	30 lbs., Steel
FOOT PEDALS	Oversized and Cushioned, w/ 2-Degree Inversion
DIMENSIONS	84" x 32" x 70"
FRAME	Commercial-Grade Structural Steel w/ durable Powder-Coat Paint
PRODUCT WEIGHT	265 lbs.
MAX USER WEIGHT	400 lbs.

Warranty Information

RESIDENTIAL WARRANTY	Lifetime: Frame & Brake 10 Yrs: Parts 1 Yr: Labor
COMMERCIAL WARRANTY <small>(Up to 5 hours use or less in a non-dues paying facility)</small>	Lifetime: Frame 5 Yrs: Brake 3 Yrs: Parts 1 Yr: Labor

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