



Elliptical Trainer Maintenance Checklist

Like cars, fitness products require maintenance. Regular maintenance extends the life of your fitness product, and failure to provide regular maintenance will void your warranty. Copy the maintenance log sheet and record maintenance work.

Daily tasks

1. Check the product for proper operation and user safety. Make sure that footpads, pedal carriages, and other parts are secure and safe for operation. Secure any loose screws. If you have questions about the operation or safety of a product, unplug it and place an Out-of-Service note on the product until the issue is resolved.
2. Use a clean, lint-free towel, dampened with a mixture of Simple Green and water, to wipe the product clean. Include the display, grips, handrails, and covers. (Do NOT use cleaners with alcohol, ammonia or other damaging chemicals. Never spray or pour any liquid directly on the product.)

Monthly tasks

1. Inspect the power cord (if applicable) and grips for damage.
2. Make sure the pedestal and other parts are secure, and that screws are tight.
3. Use a lint-free towel, dampened with a mixture of Simple Green and water, to wipe the product clean. Take special care to clean stride rails and rollers.

Half-yearly tasks

1. Turn off and unplug the unit (if applicable). Remove the cover. Wait five minutes to ensure there is no power at the drive board. Vacuum carefully. Avoid bumping wires or components.
2. Check drive belt for wear. Replace it if there are cracks or damage. (Note: SportsArt drive belts last a long, long time. Chances are you will not have to replace a drive belt within the warranty period.) Align pulleys if needed.
3. Inspect stride operation. Lubricate with red lithium ball bearing grease if necessary. See product owner manuals for instructions.

Note that product maintenance requirements depend on usage and environment. This schedule is based on average use. Some products may require maintenance more often than is suggested here. Please call the SportsArt Service department at 866-709-1750 if you have any questions.

Caution:

Use standard safety procedures when accessing electrical parts. For products with power cords, turn off unit power. Allow capacitors to discharge by waiting five minutes before disconnecting the power cord from the power socket. After waiting five minutes, remove covers to access the drive board and other components. For products without power cords, let the unit sit without use for five minutes before accessing drive boards and other components.



One-Year Maintenance Log for Checklist

Facility Name: _____

Maintenance Supervisor: _____

Product serial number: _____

Start Date: _____ End Date: _____

Daily Tasks	Week 1	Week 2	Week 3	Week 4
1. Safe				
2. Clean				

Daily Tasks	Week 5	Week 6	Week 7	Week 8
1. Safe				
2. Clean				

Daily Tasks	Week 9	Week 10	Week 11	Week 12
1. Safe				
2. Clean				

Monthly Tasks	Months 1-3	Months 4-6	Month 7-9	Month 10-12
1. Power cord				
2. Pedestal				
3. Clean stride rails and rollers				

½-Yearly Tasks	First half of the year	Second half of the year
1. Vacuum		
2. Drive belt		
3. Stride motor		

Notes: _____
