

# C574U-13 UPRIGHT CYCLE

The SENZA™ Elite line encompasses our quality cardio products, integrated with premium technology and entertainment options that actively engages users by providing an intuitive workout experience that allows them to consume their entertainment, their way. The C574U-13 Upright Cycle features a low-profile shroud design for ease-of-access, vertically and horizontally adjustable seat, fingertip resistance controls, and an integrated 13-inch SENZA™ display.



## KEY FEATURES

- 13-inch SENZA™ touchscreen
- Horizontal and vertical seat adjustment
- Contact HR sensors

TECHNICAL DETAILS	
<b>Unit Weight</b>	189.2 lbs / 86 kg
<b>Dimensions (LxWxH)</b>	48 x 22.5 x 58.5 in / 122 x 57.2 x 148.7 cm
<b>Resistance</b>	40 Levels
<b>Power Requirements</b>	120v; 60Hz / 220v; 50Hz
<b>Plug Requirements</b>	NEMA 5-15*
<b>Max User Weight</b>	450 lbs / 205 kg
<b>Readouts</b>	Level, Time, Distance, Calories, Speed, RPM, METS, Human Watts, Heart Rate
<b>Workout Programs</b>	Quickstart, Interval, Plateau, Fat Burn, SENZA™ Journey, Fitness Program, Heart Rate Programs
<b>Features</b>	Multi-point seat adjustment Low-profile shroud Fingertip controls

TOUCHSCREEN TECHNICAL DETAILS	
<b>Screen</b>	TFT Backlit LED Capacitive Touchscreen w/ Anti-Glare
<b>Resolution</b>	1920 x 1080
<b>Screen Size</b>	13 in
<b>Aspect Ratio</b>	16:9
<b>Operating System</b>	Android 5.1.1
<b>Contrast ratio</b>	500:1
<b>Processor</b>	NXP Freescale I.MX6 Quad Core, 1GHz
<b>Memory</b>	32GB eMMC
<b>Languages</b>	English, Traditional Chinese, Simplified Chinese, Japanese, German
<b>System Updates</b>	Manual USB or Push (via Wi-fi opt-in)
<b>Brightness</b>	15 Adjustable Settings (300 cd/m2)
<b>Viewing Angle</b>	160° Vertical & Horizontal
<b>Connectivity</b>	Wi-fi (IEEE 802.11 a/b/g/n)   LAN Ethernet (10/100Mbps)
<b>Web Browsing</b>	Closed browser, owner/operator determines web page availability
<b>TV Support</b>	ATSC / QAM(64,256) / NTSC   DVBT / PAL / SECAM
<b>Inputs</b>	AV (CVBS)   Coax
<b>Readouts</b>	Resistance, Stride length, Time, Heart rate, Distance, Calories, Strides per minute
<b>Workout Programs</b>	Manual, Random, Interval, Glute, Hill, Track, Fat Burn, Lifestyle, SENZA™ Journey, Heart Rate, Fitness Programs, 5K Trainer
<b>Features</b>	Bluetooth 4.0 heart rate support Bluetooth-AVRCP iOS & Android music compatible Customizable home screen logo, embedded url on home screen, screen saver images & web pages 6 SENZA™ Journeys