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JACOBS LADDER X

INTRODUCING



LOVE TO

HATE IT

Four Ways to Sculpt Your Body

The new JLX is the first redesign in 20 years, now offering four unique climbing positions, each designed to train different muscle groups at different intensity levels.

INTENSITY

SIDE RAIL

♥ LOWER
IMPACT



Low intensity
climbing workout

STAND UP

♥ STEP UP
YOUR
WORKOUT



Traditional stair
climbing workout

SLED DRIVE

♥ HIGHER
HEART RATE



Upper and lower body and
core muscle workout

HAND OVER HAND

♥ HIGHEST
CALORIE
BURN



High intensity, upper and
lower body workout

SERIOUS CARDIO MACHINES FOR SERIOUS WORKOUTS

YOUR NEXT CHALLENGE



LOVE TO HATE IT



INTRODUCING



JACOBS LADDER X

FRAME	WELDED TUBULAR AND LASER CUT STEEL	
LENGTH	80.125"	
WIDTH	30.5" Without Removable Cupholders	37.25" With Removable Cupholders
HEIGHT	69.5"	
WEIGHT	344 LBS	
RUNGS	2" SOLID MAPLE WITH UV CURED ACRYLIC COATING	
CASE	ABS PLASTIC	
POWER	SELF-POWERED	
CEILING HEIGHT REQUIRED	8.5'	
DIGITAL READOUT	ELAPSED TIME, CALORIE BURN, RATE (Ft/Min), TOTAL FEET CLIMBED, INTENSITY LEVEL	
WARRANTY	4 YEARS ON PARTS / 1 YEAR ON LABOR	

ALL NEW DASHBOARD

- New dashboard displays workout intensity
- Four climbing positions in one machine
- Self-powered to adapt to your pace



LOW IMPACT, HIGH INTENSITY – FULL WORKOUT

The new **Jacobs Ladder X** is an intense Ladder Climbing Exercise Machine designed specifically for training fitness enthusiasts, athletes and professionals. The JLX is self-powered and specifically designed for the commercial market. The redesigned display gives a dashboard look at workout intensity levels based on speed. Jacobs Ladder is designed so the higher you climb, the faster the rungs go, and the JLX marks the first major redesign to Jacobs Ladder in over 20 years. **The new JLX by Jacobs Ladder: Love to hate it.**

JACOBS LADDER™
Serious Cardio



For more information or to purchase the Jacobs Ladder X visit www.ironcompany.com