L4NDICE

ZLANDICE

COMMERCIAL BIKES RELIABILITY & PERFORMANCE

SETTING THE NEW STANDARD

Our step-through R9 recumbent and U9 upright bikes provide the style and durability found in all Landice equipment. Aesthetically designed and self-powered, these machines will complement any club or light commercial application. These bikes are engineered with user and facility in mind and set the new standard.

COMMERCIAL WARRANTY

5-year parts 3-year console 1-year labor

For more information or to purchase the Landice U9 or R9 Commercial Bike visit www.ironcompany.com

LANDICE

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SETTING THE NEW STANDARD

Complete with comfort, conveniences and innovation, the R9 and U9 series represent the new standard in reliability and performance from a name you can trust – Landice.

To review additional bike options, please visit us at **www.landice.com**.



	R9	U9
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	15 lbs.	15 lbs.
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate monitoring and resistance controls
Display	Cardio: 9" color LCD Landice Achieve: 9" color LCD with capacitive touch buttons	Cardio: 9" color LCD Landice Achieve: 9" color LCD with capacitive touch buttons
Heart Rate	Contact heart rate for heart rate control/wireless chest-strap (optional)	Contact heart rate for heart rate control/wireless chest-strap (optional)
Accessories	Water bottle holder, accessory pocket	Water bottle holder, accessory pocket
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	205 lbs.	159 lbs.
Dimensions	65.74" L x 25.31" W x 52.20" H	44.56" L x 24.72" W x 58.11" H
Max User Weight	350 lbs.	350 lbs.
Bluetooth	Yes (see website for details)	Yes (see website for details)

WARRANTY

Landice offers a 5-year parts, 3-year console, and a 1-year labor warranty valid to all commercial applications which include light commercial, hotels, health clubs and pay-for-membership facilities.

PROGRAMS

Cardio

5 Built-in programs5 User-defined programs3 Goal programs2 Interactive HRC Built-in programs2 Interactive HRC User programs

Landice Achieve

8 Built-in programs
6 User-defined programs
3 Goal programs
2 Interactive HRC Built-in programs
4 Interactive HRC User programs
2 HIIT programs

WORKOUT FEEDBACK

Speed, Distance, Laps, Calories, Cal/Hour, RPM, Resistance, Watts, Time, METS, Heart Rate, Target Heart Rate, Time in Heart-Rate Zone