



POWERED BY ICG®

LifeFitness

IC6 INDOOR CYCLE

The IC6 combines innovative design with high-quality mechanical and electronic components. The WattRate® TFT computer 2.0 with integrated power supply features performance indication in watts, data exchange with external devices as well as a Coach By Color® intensity guide.



WATTRATE® TFT COMPUTER 2.0

Features a bright, self-powered, fully integrated full color TFT screen and a front LED display. This patented feature displays individual training intensity.



WATTRATE® POWER METER

Displays a precise measurement of the user's effort in watts. This precision is achieved by using a positioning sensor to measure the resistance applied to the magnetic brake system.



MAGNETIC RESISTANCE

The resistance lever gives the user tactile feedback and allows quick adjustment. The actual resistance level is displayed to the user in real-time on the WattRate® computer.



PADDED SPORT SADDLE

The padded unisex sport saddle ensures a comfortable ride.



SELF-POWERED GENERATOR

Renewable, green-energy. No batteries required. Capturing the riders energy the compact generator at the flywheel recharges the bike's integrated lithium polymer battery.



POLY-V BELT DRIVETRAIN

The drivetrain equipped with Poly-V belt can transfer extreme levels of torque smoothly and its 1:10 gear ratio generates an incredibly fast flywheel speed.



"USER-ASSIST" HANDLEBAR

User assist handlebar post technology reduces the handlebar weight to minimize setup challenges. A system that provides maximum user comfort.



COACH BY COLOR®

The individual's training zones are displayed by color on the WattRate® Full Color console display to motivate, manage training control and give riders greater understanding of their workout.



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SPECIFICATIONS

Resistance System	Magnetic
Emergency Stop	Push (EN-957-10)
Flywheel	Rear, aluminum, evenly-weighted
Drivetrain	Poly-V belt
Drivetrain Gear Ratio	1:10
Frame Color	Matte slate
Frame Material	Steel
Shrouds/Guards	Full frame
Frame Design	Off-set
Q Factor	6.1" (155 mm)
Crank Type	CrMo 6.79" (172.5 mm)
Pedal Type	Dual-sided SPD & toe cage
Handlebar	Ergo-formed, multi position, soft PVC
Saddle	Unisex padded sport saddle
Water Bottle Holder	Dual, integrated on handlebar
Protection & Stretch Plates	Molded form-fit with stretch plate
Frame Stabilizer Bars	Oversized, hidden bolt & fixings
Adjustment Type	Dials & levers
Posts & Sliders	Aluminum, pin-to-lock adjustment
User Assist Adjustments	Handlebar assisted
Handlebar Adjustments	Vertical & horizontal
Saddle Adjustments	Vertical & horizontal
Console	WattRate® TFT computer 2.0
Power Measurement	WattRate® Direct Power Meter (DIN EN ISO 20957-10)
Computer Power Supply	Self-powered generator with LiPo battery
Training Intensity Guide	Coach By Color®
Connect Technology	Bluetooth and ANT+
Workout Tracking	ICG Training App
Max User Weight	330 lbs. (150 kg)
Assembled Weight	112 lbs. (51 kg)
Assembled Dimensions	52"x20.5"x47.2" (132x52x120 cm)
Leveling Feet	4
Transport Wheels	2



47.2"
(120 cm)

20.5"
(52 cm)

52"
(132 cm)



Myride® VX

Myride VX adds immersive, video-based instruction directly to the handlebar, for an engaging home cycling experience. Three featured apps bring you advanced data accuracy, results-orientated coaching, and stunning footage from around the globe.

* Myride VX not included with IC6

Warranty

(May vary outside U.S. – contact local sales rep. for warranties)

Structural frame: 5 Years

Mechanical components: 3 Years

Other parts: 1 Year

Labor: 1 Year